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IS 5960-3 (1970): Methods of test for meat and meat products, Part 3: Determination of total fat content [FAD 18: Slaughter House and Meat Industry]



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*Indian Standard*

METHODS OF TEST FOR  
MEAT AND MEAT PRODUCTS

PART III DETERMINATION OF TOTAL FAT CONTENT

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INDIAN STANDARDS INSTITUTION  
MANAK BHAVAN, 9 BAHADUR SHAH ZAFAR MARG  
NEW DELHI 110002

# *Indian Standard*

## METHODS OF TEST FOR MEAT AND MEAT PRODUCTS

### PART III DETERMINATION OF TOTAL FAT CONTENT

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# *Indian Standard*

## METHODS OF TEST FOR MEAT AND MEAT PRODUCTS

### PART III DETERMINATION OF TOTAL FAT CONTENT

#### 0. FOREWORD

**0.1** This Indian Standard ( Part III ) was adopted by the Indian Standards Institution on 30 December 1970, after the draft finalized by the Meat and Meat Products Sectional Committee had been approved by the Agricultural and Food Products Division Council.

**0.2** Investigations at the Defence Food Research Laboratory, Mysore, and Central Food Technological Research Institute, Mysore, have revealed that the methods of test finalized by the Meat and Meat Products Subcommittee of the Agricultural Food Products Technical Committee of the International Organization for Standardization ( ISO/TC 34/SC 6 ) are more precise. It was, therefore, felt by Committee responsible for preparation of this standard that the adoption of these methods would improve Indian Standard methods of test from the viewpoint of better repeatability and reproducibility and would make analytical results more dependable and comparable, specially at the international level. It is expected that these methods will help in achieving uniformity in methods of testing meat and meat products, thereby facilitating interpretation and comparison of results.

**0.3** This standard covers only those methods of test which have been finalized by ISO/TC 34/SC 6. At present these relate to the following parts of this standard:

- Part I Determination of nitrogen content
- Part II Determination of ash
- Part III Determination of total fat content
- Part IV Determination of free fat content
- Part V Determination of moisture content
- Part VI Determination of chloride content

**0.4** In reporting the result of a test or analysis made in accordance with this standard, if the final value, observed or calculated, is to be rounded off, it shall be done in accordance with IS : 2-1960\*.

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\*Rules for rounding off numerical values ( revised ).

## **1. SCOPE**

**1.1** This standard ( Part III ) prescribes the method for the determination of the total fat content of meat and meat products.

## **2. PRINCIPLE**

**2.1** Boiling of the test portion with dilute hydrochloric acid to free the occluded and bound lipid fractions, filtration of the resulting mass, drying of the fat retained on the filter and extraction with *n*-hexane or light petroleum.

## **3. APPARATUS**

### **3.1 Analytical Balance**

**3.2 Continuous or Semi-continuous Extraction Apparatus** — Soxhlet type with an extraction flask of about 150 ml.

**3.3 Clock Glass or Petri Dish** — diameter not less than 8 cm.

**3.4 Conical Flask** — 300 ml.

**3.5 Cotton Wool** — defatted.

**3.6 Desiccator** — containing an efficient desiccant.

**3.7 Electrically Heated Drying Oven** — adjusted to operate at  $103 \pm 2^{\circ}\text{C}$ .

**3.8 Electrically Heated Sand-Bath or Water-Bath or Similar Suitable Apparatus**

**3.9 Extraction Thimble** — made of filter paper and defatted.

**3.10 Meat Mincer** — laboratory size, fitted with a plate with holes of diameter not exceeding 4 mm.

## **4. REAGENTS**

### **4.1 Blue Litmus Paper**

### **4.2 Boiling Chips**

**4.3 Hydrochloric Acid** — approximately 4 N solution; dilute 100 ml of concentrated hydrochloric acid ( sp gr 1.19 ) with 200 ml of water and mix.

**4.4 *n*-Hexane or, Alternatively, Light Petroleum** — distilling between 40 and 60°C, and having a bromine value less than 1. For either solvent, the residue on complete evaporation should not exceed 0.002 g/100 ml.



## 5. PROCEDURE

**5.1 Preparation of Sample** — Proceed from a representative sample of at least 200 g. Render the sample uniform by passing it at least twice through the meat mincer and mixing. Keep it in a completely filled air-tight container and store it in such a way that deterioration and change in composition are prevented. Analyze the sample as soon as possible, but in any case within 24 hours.

**5.2** Weigh 3 to 5 g of the minced sample to the nearest 0.001 g into the 300-ml conical flask. Dry the flask of the extraction apparatus, provided with some boiling chips, for one hour at  $103 \pm 2^\circ\text{C}$  in the drying oven, allow the flask to cool to room temperature in the desiccator and weigh to the nearest 0.001 g.

**5.3** Add to the test portion 50 ml of the hydrochloric acid and cover the conical flask with a clock glass. Heat the conical flask on an asbestos wire gauze by means of a gas burner until the contents begin to boil. Continue boiling with a small flame for one hour and shake occasionally. Add 150 ml of hot water. Moisten a fluted filter paper held in a glass funnel with water and pour the hot contents from the flask on to the filter. Wash the flask and the clock glass thoroughly three times with hot water and dry in the oven. Wash the filter with hot water until the washings do not affect the colour of the blue litmus paper. Put the filter paper on the clock glass or Petri dish and dry for 1 hour in the oven at  $103 \pm 2^\circ\text{C}$ . Allow to cool. Roll up the filter paper and insert it into the extraction thimble. Remove any traces of fat from the clock glass or Petri dish, using cotton wool moistened with the extraction solvent, and also transfer the cotton wool to the thimble. Place the thimble in the extraction apparatus. The paper should be handled either with tongs that can be rinsed or with paper cover slips on the fingers. Pour the extraction solvent into the dried flask of the extraction apparatus. Wash the inside of the conical flask used for the disintegration with hydrochloric acid, and the covering clock glass, with a portion of the extraction solvent and add it to the extraction flask. The total solvent quantity should be one-and-a-half to two times the capacity of the extraction tube of the apparatus. Fit the flask to the extraction apparatus. Heat the extraction flask for 4 hours on the heated sand-bath or water-bath. After extraction, take the flask containing the liquid from the extraction apparatus and distill off the solvent using the heated sand-bath or water-bath. Evaporate the last traces of the solvent on the water-bath, using air blowing, if desired. Dry the extraction flask for 1 hour in the drying oven at  $103 \pm 2^\circ\text{C}$  and, after allowing to cool to the room temperature in the desiccator, weigh to the nearest 0.001 g. Repeat this process until the results of two successive weighings do not differ by more than 0.1 percent of the sample weighed. Verify the completion of the extraction by taking a second extraction flask and extracting for a further period of 1 hour with a fresh portion of the solvent. The increase in

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weight should not exceed 0.1 percent of the weight of the sample. Carry out two determinations on the same prepared sample.

### **6. CALCULATION**

**6.1** The total fat content of the sample, percent by weight, is equal to:

$$100 \times \frac{W_2 - W_1}{W_0}$$

where

$W_2$  = weight, in g, of the flask with the dried fat;

$W_1$  = weight, in g, of the empty extraction flask with boiling chips; and

$W_0$  = weight, in g, of the test portion.

Take the result as the average of the two determinations.

**6.2** The difference between the results of two determinations carried out simultaneously or in rapid succession by the same analyst should not be greater than 0.5 g of total fat per 100 g of sample.

# INTERNATIONAL SYSTEM OF UNITS ( SI UNITS )

## Base Units

Quantity	Unit	Symbol
Length	metre	m
Mass	killogram	kg
Time	second	s
Electric current	ampere	A
Thermodynamic temperature	kelvin	K
Luminous intensity	candela	cd
Amount of substance	mole	mol

## Supplementary Units

Quantity	Unit	Symbol
Plane angle	radian	rad
Solid angle	steradian	sr

## Derived Units

Quantity	Unit	Symbol	Conversion
Force	newton	N	1 N = 1 kg. 1 m/s <sup>2</sup>
Energy	joule	J	1 J = 1 N.m
Power	watt	W	1 W = 1 J/s
Flux	weber	Wb	1 Wb = 1 V.s
Flux density	tesla	T	1 T = 1 Wb/m <sup>2</sup>
Frequency	hertz	Hz	1 Hz = 1 c/s ( s <sup>-1</sup> )
Electric conductance	siemens	S	1 S = 1 A/V
Pressure, stress	pascal	Pa	1 Pa = 1 N/m <sup>2</sup>

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